



La Vallée

- Distance: ≈220 km (135 miles) loop
- Duration: 1 day
- Suggestion:
2 nights at Riôtel Matane (pre-departure and upon your return)
Lunch stop in Albertville (rest stop)

LA VALLÉE

(2 nights or more – may be combined with the Three Ms and The Chic-Chocs loops)
≈220 km (135 miles)

We're off, heading south, or rather toward la Vallée! Start by exploring Jean-Chassé covered bridge, one of the last of its kind in Quebec, in Saint-René-de-Matane. Next the trail leads you toward the Matane River ZEC (controlled harvesting zone). For many kilometers, you'll ride with a view of the impressive Chic-Choc mountain range off in the distance.

Then it'll be time to take a break at the Relais Albertville: have a bite and fill your gas tank. Continuing on toward Saint-Irène at Sayabec, the path is as wide as they come. Next take a last break at Relais Saint-Damase, located at the village's camping area.

